

Dear Friends, and Friends of Friends,

It's time to start our 2019 fundraising effort in earnest! November to early March is the critical time for us, as we need to send all funds to Nepal in time for the entire year's supplies to be purchased and transported, first by truck, then by jeep and finally by yak and mule, to the schools in the remote Upper Dolpo in late March.

I want to begin with a tremendous thank you to all who generously contributed for the 2018 school year! Thanks to you, we raised \$31,000, enough to meet the funding needs of four schools and about 200 children. You can read more in our August update newsletter.

Our 2019 goal is an ambitious \$40,000, but we are hopeful that **our newly acquired registered charity status in Canada** will encourage more and some slightly larger donations. Speaking of large donations, in early October I woke to a donation of \$10,000 from a new and extremely generous donor—I nearly passed out!

And, miraculously, we have another anonymous donor who is offering to match donations up to \$10,000 starting today!



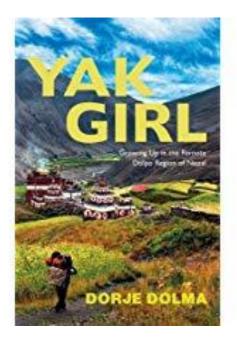
So what will \$40,000 accomplish?

Our priority for 2019 is to ensure the operations of all the schools are fully supported; teacher salaries, books, stationary, school uniforms, food, supplies, critical repairs etc.

- \$ \$8,000 for the <u>school at Komas</u> (jointly funded with a <u>group from Sweden</u> and one generous German individual!)
- \$ \$20,000 for the <u>school at Karang</u>. This school has lost all other funding sources so we hope to provide a much higher level of support to them this year.
- ❖ \$8,000 for the <u>school at Saldang</u>, the school where Altitude Project started! We work in conjunction with a German non-profit, <u>Freunde Nepal</u>, to support this school.
 - Funding includes scholarship support for <u>Tenzin Norbu</u> who is entering grade 9 at a Tibetan exile school in Kathmandu
- \$ \$2,000 for the <u>school at Ku</u> as another one-time grant. We learned of this school in March of 2018 and were able to provide a grant of \$1,500. Together, with a variety of NGOs, we cobbled together enough funds to keep this school going in 2018.
- ❖ \$2,000 to send more solar lights by <u>LuminAID</u> to villagers in the Upper Dolpo. These lights have proven to be extremely useful and durable. They often provide the only light in the home.
- And, if we exceed our goal, we will contribute to a teacher training program that is currently being discussed by <u>REED</u>, Rural Education and Environment Development Centre. This training program will provide a huge benefit to the quality of education in the Upper Dolpo.



For the future, and with help from others like Dorje Dolma "Yak Girl", we hope to be able to start looking for solutions for year round health care in this region of the country.





In January of 2019, we will be sponsoring <u>Dorje Dolma's book tour</u> in the West Kootenay and Okanagan valley. Dorje was born in Karang and spent her early childhood in the Upper Dolpo. In addition to Dorje's book talk, Altitude Project will have a short slide show to discuss our work there. Amazing <u>portrait photos</u> of children and villagers by <u>David R. Gluns</u> will be part of the show too!



News from the Upper Dolpo

We heard from <u>Peter Werth</u> that heavy rains again drenched much of Dolpo this summer causing damage to bridges, landslides and building collapses. Heavy rainfall was once unknown in this high altitude desert. The school and health building in Namdo partially collapsed. Fortunately the schools we support at Saldang, Komas and Karang fared well. We have not heard from Ku yet. A benefit of the rains was that the small gardens in the villages were yielding wonderful pumpkins, cucumbers and enormous sweet tasting carrots. I am looking forward to my return!







I will be in Nepal from Nov 26 to Dec 17 and will spend one week working with school coordinators to review results from 2018 and to develop budgets for 2019.

We are now on facebook - please like / follow us to see the latest updates and photos.

If you can give a little – it will help a lot!

And remember – every dollar goes directly to Nepal!

Here are the ways to donate to Altitude Project – PLEASE NOTE CHANGES!

- ❖ Interbank transfer from your bank to this account number at CIBC in Nelson BC, Canada − 00270/010/1065610
- e-transfers can be sent to donations@altitudeproject.ca for security question please use "What is this for" with the answer SaldangSchool (no spaces)
- ❖ A cheque payable to Altitude Project can be mailed to Altitude Project, 4228 Crescent Bay Road, Nelson BC, Canada, V1L 6N1
- On the <u>donate page</u> of the <u>Altitude Project website</u>
- ❖ We can now accept securities as donations. We have an account with <u>Canada Helps</u> and they handle transactions on our behalf. Canada Helps is a large non-profit charity that helps other charities raise funds. They make it easy, click "Donate Now → "Donate Securities" and then follow the instructions.
 - Making a donation of stock can be a big benefit to donors, as it eliminates capital gains tax!

❖ And please be sure to include your name and address when making a donation. We need both to issue a tax receipt – it is a CRA requirement!

Tashi delek, Namaste, Sincere Thanks

On behalf of Altitude Project

David Swain

If you no longer wish to receive email from Altitude Project, please advise us by return email — thanks

