



ALTITUDE PROJECT

Community Support Foundation

Dear Friends, and Friends of Friends,

Big thanks to all of you who have generously donated to the 2019 campaign to support Schools in the remote Upper Dolpo region of Nepal!

Our goal is \$40,000 – to date we have raised \$8,500 for 2019, not including the extremely generous anonymous donation of \$10,000! And, remember we have another kind-hearted donor who is willing to match donations up to \$10,000. Since their offer, we have raised \$4,000. That makes our current estimated total \$22,500 - more than half way!

And please remember that we now have **registered charity status in Canada** so if you want a tax receipt for 2018, a donation must be made by Dec 31.

*If you can give a little – it will help a lot!
And remember – every dollar goes directly to Nepal!*

You can read the full newsletter outlining the needs for the 2019 program [here](#).

Our amazing web designer has developed several Gift e-Cards that might be appropriate for someone on your holiday season list! We are happy to personalize them for you! Just let us know what you need at newsletters@altitudeproject.ca

Gifts of any amount are most welcome and appreciated! For example: \$25 will buy one solar light for a home; \$50 will buy school supplies for one student. Larger donations will help support the entire school budget with teacher salaries, food supplies for lunches, repairs and maintenance costs, as well as school supplies for the children. We suggest using the e-Card “A Gift as Big as a Mountain” for donations of \$100 or more! By the way, the photo on that e-Card is of Makalu – the fifth highest mountain in the world at 8,485 meters!



visit altitudeproject.ca for more information and lots of beautiful photos



A GIFT OF LEARNING

A GIFT OF SCHOOL ESSENTIALS has been purchased on your behalf for a child in the remote Upper Dolpo region of Nepal.

The classroom supplies, and a traditional Tibetan "chupa" school uniform, a backpack, warm socks, etc are purchased in Kathmandu and are transported to the schools, much of the distance by yak. The journey takes about 10 days.

MERRY CHRISTMAS



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A GIFT OF EDUCATION

A GIFT OF SCHOOL ESSENTIALS has been purchased on your behalf for a child in the remote Upper Dolpo region of Nepal.

It includes all classroom supplies, a traditional Tibetan "chupa" school uniform, a backpack, warm socks, a toothbrush and toothpaste and a skipping rope or a soccer ball.

MERRY CHRISTMAS





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A GIFT OF LEARNING

A gift of school essentials has been purchased on your behalf for a child in the remote Upper Dolpo region of Nepal.

It includes all classroom supplies, a traditional Tibetan "chupa" school uniform, a backpack, warm socks, a toothbrush and toothpaste and a skipping rope or a soccer ball.

MERRY CHRISTMAS



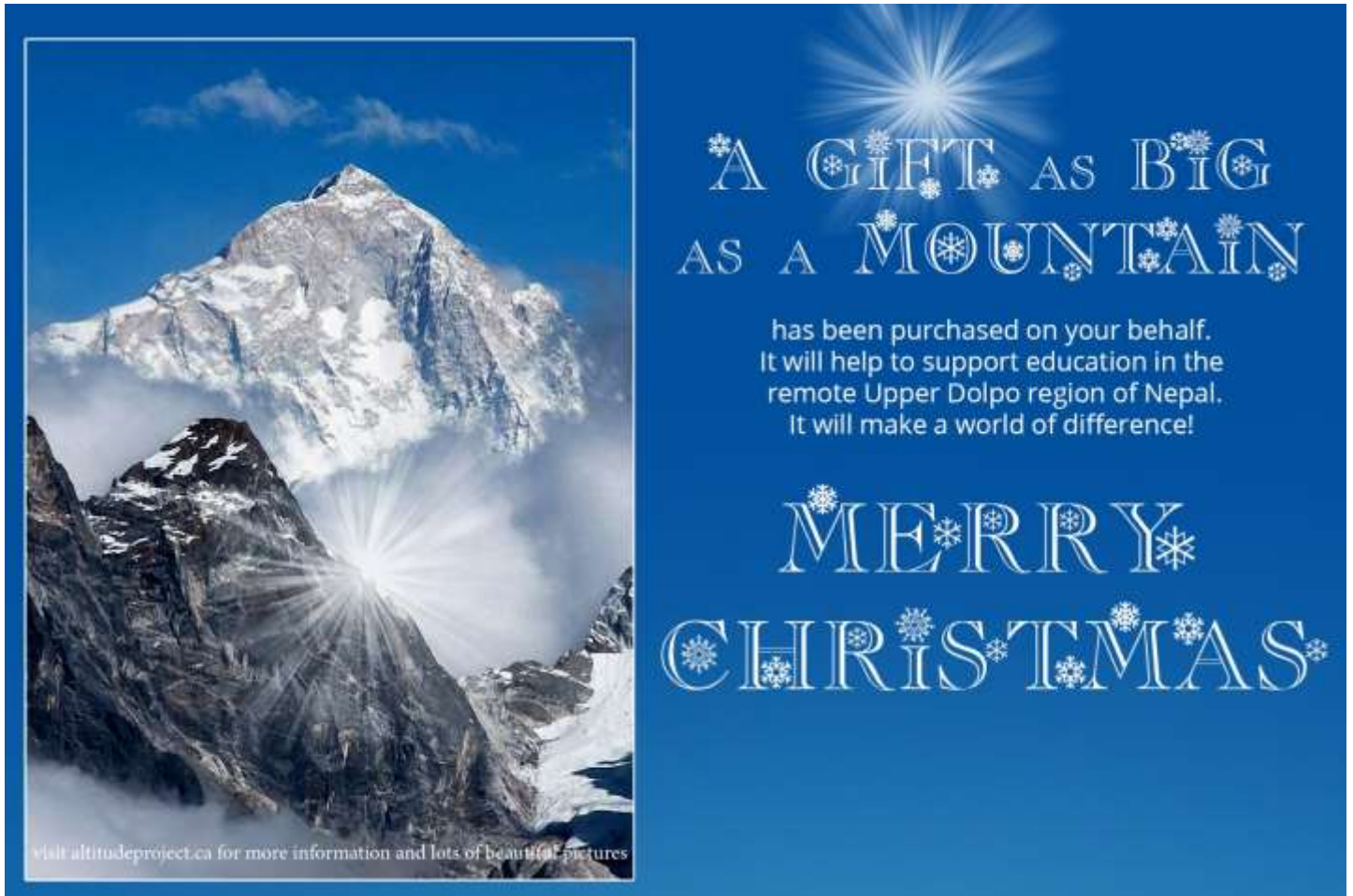
visit altitudeproject.ca for more information and lots of beautiful pictures



A GIFT OF LIGHT

A PORTABLE SOLAR LIGHT has been purchased on your behalf for a family in the remote Upper Dolpo region of Nepal. It will replace a kerosene lantern with a safer, more portable and practical light in their home.

MERRY CHRISTMAS



It's official!

Altitude Project is sponsoring [Dorje Dolma](#), author and artist, to visit the West Kootenay and Okanagan Valley in late January and early February for author talks about her amazing story of being born and raised in the remote Upper Dolpo region of Nepal – it's all detailed in her book "**Yak Girl**". On the final night of the tour, we will host a showing of the companion movie "**The Only Son**", an international awarded movie about her brother, at the Civic Theatre in Nelson!

The poster for the event in Kelowna and tour schedule are below.

Along with the author talks, [David R. Gluns](#), will display some of his beautiful [portrait photographs](#) of villagers and students from Saldang!

"A rare and fascinating testimony, told from the inside, of a little girl who made an incredible trip from inner Dolpo to America—and from the Middle Ages to the 21st century."
—Eric Valli, director of the Oscar-nominated film Himalaya

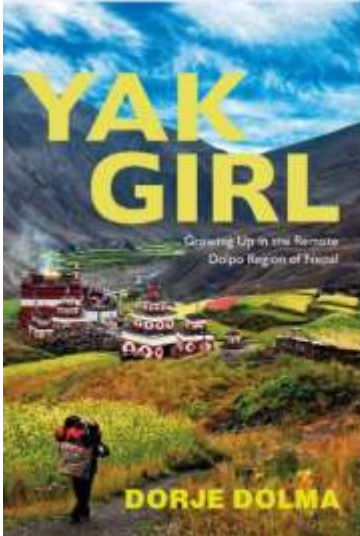



YAK GIRL
Growing Up in the Remote Dolpo Region of Nepal

Saturday, February 2, 3-5 pm
downtown Kelowna Library

Please join Altitude Project for a very special afternoon with author and artist **Dorje Dolma**

With humor, soul, and insightful detail, the author gives us vividly told vignettes of daily life and the practice of centuries-old Tibetan traditions. This wonderful and surprising tale of survival, loss, and self-reflection offers us entry to this difficult, yet magical, place.

www.altitudeproject.ca
www.dorjearts.com

Dorje Dolma “Yak Girl” author tour schedule:

Jan 30, Wednesday – Rossland Public Library – 7 to 9 PM

Jan 31, Thursday – Mir Peace Centre, Selkirk College, Castlegar – 11 AM to 1 PM

Jan 31, Thursday – Nelson Public Library – 7 to 9 PM

Feb 1, Friday – Caetani House, Vernon – 7 to 9 PM

Feb 2, Saturday – Kelowna Public Library (Downtown) – 3 to 5 PM

Feb 4, Monday – Civic Theatre – Nelson – Movie – “The Only Son” – starts at 7 PM

We would love to arrange a few more events – Sunday mid morning or Monday at noon are possibilities so if you have a group that would be interested to hear Dorje’s story, please contact us ASAP. We are also working to arrange radio interviews with CBC and local stations. Watch for ads in local media in the coming weeks.

Dorje's passion is to help fund a desperately needed year-round health centre in the Upper Dolpo region. Funds raised during this tour will be applied to that goal. Dorje will be selling her book and DVDs of the movie at all events.

I will be in Nepal from Nov 26 to Dec 17 and will spend a week working with school coordinators to review results from 2018 and to develop budgets for 2019. I will report once more before Christmas after these meetings.

We are now on facebook - please like / follow us to see the latest updates and photos.

*If you can give a little – it will help a lot!
And remember – every dollar goes directly to Nepal!*

Here are the ways to donate to Altitude Project – PLEASE NOTE CHANGES!

- ❖ Interbank transfer from your bank to this account number at CIBC in Nelson BC, Canada – 00270/010/1065610
- ❖ e-transfers can be sent to donations@altitudeproject.ca – for security question please use “What is this for” with the answer SaldangSchool (no spaces)
- ❖ A cheque payable to Altitude Project can be mailed to Altitude Project, 4228 Crescent Bay Road, Nelson BC, Canada, V1L 6N1
- ❖ On the donate page of the Altitude Project website
- ❖ We can now accept securities as donations. We have an account with Canada Helps; they handle transactions on our behalf. Canada Helps is a large non-profit charity that helps other charities raise funds. They make it easy, click “Donate Now -> “Donate Securities” and then follow the instructions.
 - Making a donation of stock can be a big benefit to donors, as it eliminates capital gains tax!
- ❖ ***And please be sure to include your name and address when making a donation. We need both to issue a tax receipt – it is a CRA requirement!***

Tashi delek, Namaste, Sincere Thanks

On behalf of Altitude Project



David Swain

If you no longer wish to receive email from Altitude Project, please advise us by return email – thanks

